



SCHOOL OF MANAGEMENT
UNIVERSITÀ LUM



University Master's Degree II level

EXISTENTIAL HUMANISTIC PSYCHOTHERAPY AND LOGOTHERAPY

1st Edition
Academic Year 2023/2024

Director:
Dr. Aureliano Pacciolla



Partners



SCIENTIFIC DIRECTOR

Dr. Aureliano Pacciolla

ORGANISATIONAL DIRECTOR

Dr. Antonio Attianese

SCIENTIFIC COMMITTEE

Prof. Alexander Battyany

Prof. Alexander Viseley

TUTOR

Dr. Chiara Russo

INTRODUCTION

The master's degree in Existential Humanistic Psychotherapy and Logotherapy, although not qualifying for psychotherapy, is aimed at graduates in psychology and is a path of excellence that enables in-depth study of the contents and models of psychotherapy and can serve as orientation for future choice of specialisation school. It is also aimed at specialists and trainees in other models of psychotherapy who are interested in learning more about the different intervention techniques of Humanistic-existential psychotherapy and Logotherapy. The Master aims to train professionals to use the humanistic-existential approach in the practice of psychotherapy, integrating the teachings of logotherapy, a school of thought founded by the Austrian psychiatrist and philosopher Viktor Frankl.

GOALS

The aim of the master's course is to:

- Highlight the characteristics of the humanistic-existential approach and logotherapy.
- Highlight the clinical effectiveness of the humanistic-existential approach and logotherapy through research, clinical cases, and projects.

ADDRESSEES AND OCCUPATIONAL/PROFESSIONAL OPPORTUNITIES

The Master's course is aimed at Physicians and Psychologists specialising in Psychotherapy who wish to acquire advanced skills in the application of the Humanistic-existential approach and Logotherapy in the clinical practice of psychotherapy so that they can use the Humanistic-existential approach in the assessment and treatment of patients' psychological problems, taking into account the person's life experience, values and individual needs.

ENTRY REQUIREMENTS

- Master's degree in medicine with specialisation in Psychotherapy.
- Master's degree in psychology with specialisation in Psychotherapy.

ORGANISATION

Master in asynchronous distance learning mode

- Theoretical/practical lessons 300 hours
- Internship and Project work: 535 hours
- Self-study: 565 hours
- Final thesis: 100 hours

Attendance by enrolled students at the various activities into which the master's degree is divided is compulsory. A minimum attendance of 70 per cent of the total number of tuition hours is required for the degree to be awarded.

PROGRAMME

M-PSI/08, *Introduction to Humanistic-existential psychotherapy and logotherapy: definitions, basic principles*, 10 ECTS

M-PSI/08, *History and development of logotherapy: the main theoretical and practical contributions of logotherapy*, 10 ECTS

M-PSI/08, *Assessment and diagnosis in Humanistic-existential psychotherapy and logotherapy: the tools, diagnosis formulation, differentiation of psychological pathologies*, 10 ECTS

M-PSI/08, *Practical applications: research and clinical cases*, 10 ECTS

M-PSI/08, *Intervention techniques in Humanistic-existential psychotherapy and logotherapy specific to different situations and contexts*, 10 ECTS

M-PSI/08, *Psychological disorders in Humanistic-existential psychotherapy and logotherapy: depression, anxiety, eating disorders, mood disorders, personality disorders*, 10 ECTS

SCIENTIFIC COMMITTEE

Prof. Alexander Battyany - Full professor of Viktor Frankl philosophy and psychology at the International Academy of Philosophy in the Principality of Liechtenstein. He teaches Cognitive Science Theory at the Cognitive Science Programme at the University of Vienna and Logotherapy and Existential Analysis at the Department of Psychiatry at the Medical Faculty of Vienna. Since 2012, Battyany has been a Visiting Professor for Existential Psychotherapy at the Moscow University Institute of Psychoanalysis. He is director of the Viktor Frankl Institute and the Viktor Frankl Archive in Vienna and first editor of the 14-volume edition of the Collected Works of Viktor Frankl. Battyany has published numerous books and articles and lectures

on philosophical and existential psychology, philosophy of mind and cognitive science theory.

Prof. Alexander Viseley

Licensed psychotherapist and logotherapy trainer working with the Elisabeth Lukas Archive in Germany. He is head of the Viktor Frankl Media Archive in Vienna. Viseley started working in television and film production and co-founded the production company Clipwerk. His interest in psychology and film led him to become a psychotherapist, tutor at the University of Vienna and guest lecturer at the Hochschule fuer Fernsehen und Film (HFF) in Munich (Germany). He travelled the world speaking about Logotherapy, the meaning-centred school of psychotherapy founded by his grandfather Viktor Frankl, author of "Man's Search for Meaning." In 2020, he co-founded the Viktor Frankl Institute of America.

Dr. Antonio Attianese - Psychologist, General Manager Cons. Uni. Humanitas

FACULTY

The Master's Faculty is composed of academics - qualified by Ph.D. and active in research - and of professionals and public managers accredited in the sector of reference of the training course and bearers of innovative and highly specialised knowledge and experience.

Alexander Battyany - Full Professor of Viktor Frankl Philosophy and Psychology at the International Academy of Philosophy in the Principality of Liechtenstein.

Alexander Viseley - Licensed psychotherapist and logotherapy trainer working with the Elisabeth Lukas Archive in Germany.

Domenico Bellantoni - Psychologist and Psychotherapist. Professor of Psychology of Religion at the Università Pontificia Salesiana (Rome).

Salvatore Grammatico - Psychologist and psychotherapist. Invited lecturer at the Università Pontificia Salesiana (Rome).

Giuseppe Crea - Psychologist, Psychotherapist and Transactional Analyst. Member of Alaef (Association of Franklian Logotherapy and Existential Analysis).

Antonella Filastro - Psychologist, Psychotherapist and Coordinator of Dignity Therapy Research in Rome at Policlinico Italia in collaboration with the University of Ferrara.

Luigi Grassi - Doctor and Psychiatrist. Director Institute of Psychiatry, University of Ferrara since 2000.

Sonia De Meo - Psychologist and Actress. She was in charge of co-leading groups of in-patients in RSA at Policlinico Italia (Rome).

Francesco Centrone - Clinical psychologist at the Institute of Existential Humanistic Psychology 'Luigi De Marchi' IPUE, Rome.

Analia Boyadjian: Psychologist, Professor in Education, Logotherapist and Existential Analyst. Creator of the "Logoterapia Vincular" (relational logotherapy).

Alisson Pontes - Psychologist. Master's degree in religious sciences - UFPB (2012). PhD in Clinical Psychology - UNICAP (1019). Specialist in Logotherapy and Existential Analysis - Unilife-FIP (2019).

Svetlana Shtukareva - Logotherapist, director of the Higher School of Logotherapy at the Moscow Institute of Psychoanalysis, member of the Council of the Viktor Frankl Institute (Austria).

Pninit Russo-Netzer - Clinical Logotherapist from the United States and the International Logotherapy Association.

Thiago Aquino - Psychologist at the Federal University of Paraiba with a master's degree and PhD in social psychology.

Sarah Xavier - Doctor of Clinical Psychology from the Catholic University of Pernambuco - UNICAP. Master's Degree in Palliative Care at the Institute of Integrative Medicine Prof. Fernando Figueira - IMIP (2016).

Clara Martinez Sánchez - Clinical psychologist. Psychotherapist, logotherapist and existential analyst for children, adolescents and adults.

Alice Maruelli - Psychologist-Psychotherapist Lilt Firenze, Lega Italiana per la Lotta contro i Tumori, at Cerion, Centro di Riabilitazione Oncologica- ISPRO Firenze.

Matti Ameli - Psychologist, she practices both REBT and Logotherapy.

Alexey Averianov - Doctor in Pedagogy, MA in Psychology, Associate Professor, member of the Eastern European Association of Existential Therapy and the International Association of Logotherapy.

Eliana Cevallos - Psychologist specialising in Humanist Psychotherapy and Gestalt Psychotherapy at the Humanist Institute of Gestalt Psychotherapy (IHPG) in Mexico.

Patricia Ovejas - PhD in Psychology, Professor of Educational Sciences Professor at the Pontificia Universidad Católica Argentina and Universidad Austral.

Veronica Guillén - Full Professor at the University of Valencia and Specialist in Clinical Psychology. Co-Director of the master's degree in Multidisciplinary Intervention in Eating Disorders, Personality Disorders and Emotional Disorders, University of Valencia.

Juan Pablo Díaz del Castillo B.: PhD in Psychology, psychotherapist specialising in Logotherapy and existential analysis, President of the SAPS, Society for the Progress of Meaning-focused Psychotherapy.

Jose Heliodoro Marco - Psychologist, Professor at the University of Valencia (Spain). Psychotherapist and supervisor in Cognitive Behavioural Therapy, Dialectical Behavioural Therapy and Meaning-Based Therapy.

Heidi Schönfeld - Logotherapist and psychotherapist. Founder and administrator of the Elisabeth-Lukas-Archiv gGmbH. Full professor of Logotherapy according to Viktor E. Frankl.

Eleonora Carozza - Psychologist, Psychotherapist and Lecturer at the Università Pontificia Salesiana, granddaughter of Eugenio Fizzotti, student of Frankl.

TITLE ISSUED

University Master's Degree II level in *HUMANISTIC-EXISTENTIAL PSYCHOTHERAPY AND LOGOTHERAPY*

TUITION FEE

2,000 (two thousand/00)

For information on instalments, payment methods and benefits, see the website www.consorziouniversalus.it

HOW TO REGISTER

Follow the online procedure available at: www.consorziouniversalus.it

INFORMATION

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